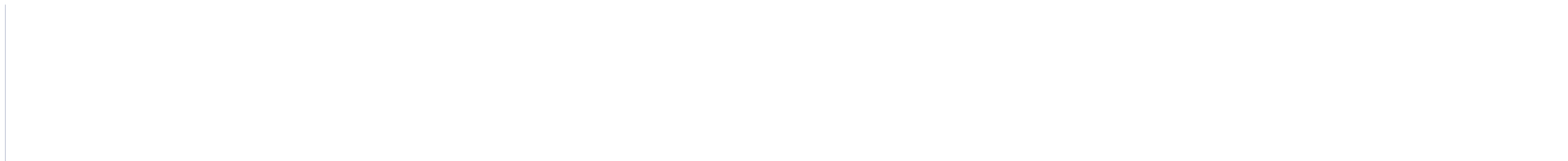





Hampshire  
County Council

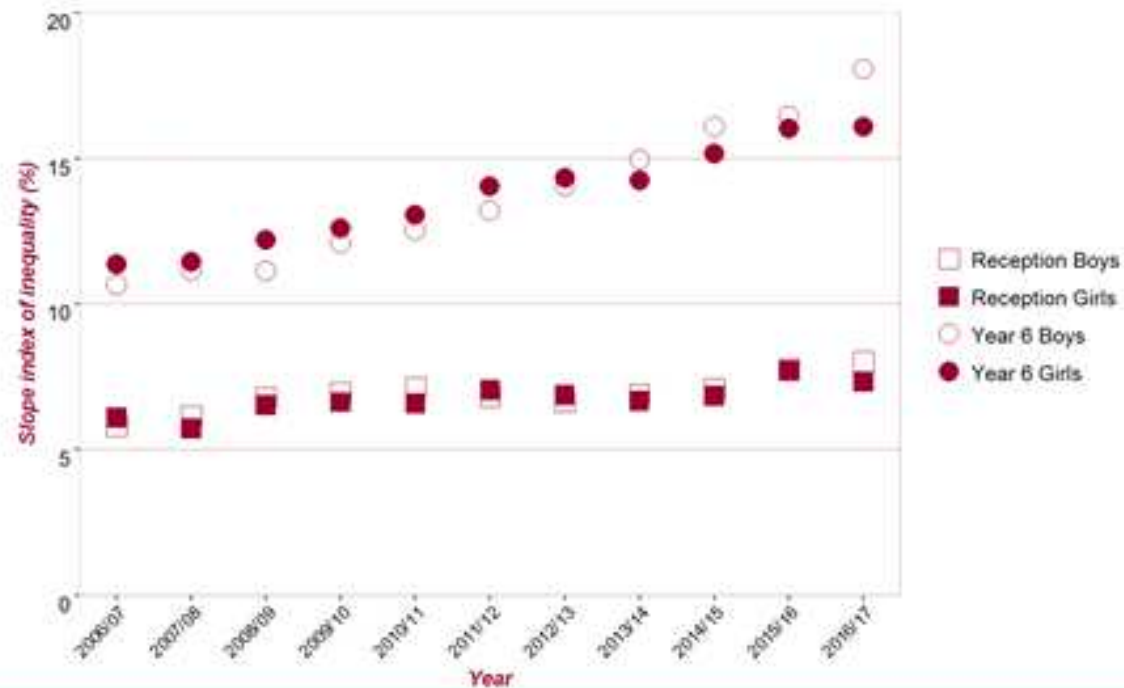


# Hampshire Healthy Weight Strategy – Update

Dr Sallie Bacon, Director of Public Health  
Sian Davies, Consultant in Public Health

# Key messages - trends

 Trend in slope index of inequality for obesity prevalence  
Public Health  
England



# Key messages - causes



# Translating the causes into action

**Supporting an environment that enables people to make physical activity and healthy eating the easy choice**

**Encourage positive lifestyle changes that enable people to improve their health and have a healthy weight**

**Enable access to evidence based interventions for people who are already overweight and obese**



# What next?

